



Canada's **Building** Centre®

Project Of The Month

PAINT

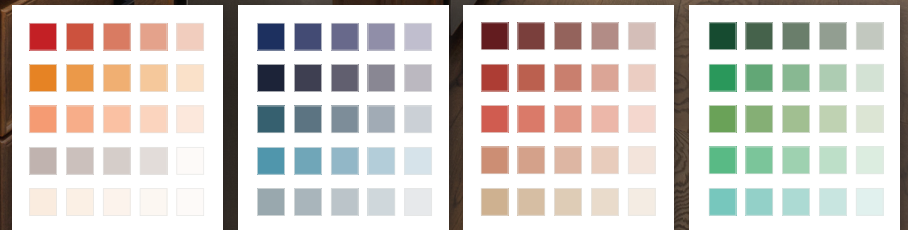
Spring is the time to spruce up your rooms with a fresh coat of paint before the heat of summer. TIMBER MART is your source for paint, paint supplies and expert advice. When you have a question, we have an answer. We'll be there for you every step of the way.

PROJECT OF THE MONTH: PAINT



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2020 colour trends



Every paint manufacturer has their own idea of what upcoming colour trends will be and no surprise, each paint palette is a little different. But they all seem to have the same soft greyed down tones that calm and relax. Nature, peace and serenity are the inspiration for these approachable and comfortable colours. And pretty much every colour is represented as a trend for 2020 but in a soft, smokey, almost neutral tone. Whether you like rich dark colours or prefer a soft delicate palette, there is a version of that colour on trend. True neutrals are, of course, still huge for 2020 and include every version of grey, taupe and in a lesser amount, beige. White will continue to be big in 2020 due to its ability to feel fresh and modern when mixed with other neutrals or with a pop of invigorating colour. The classic combination of white and grey is still hugely popular but now accented with either a smokey colour or a different contrast like black or charcoal. Whatever your colour vision is and if you're painting a single room or the entire house, you will find a 2020 trend colour that makes your style come together in a beautiful new way. Talk to the Paint Specialists at TIMBER MART about all the variables of your particular paint project. We'll answer your questions and guide you to the perfect paint colour to reflect your style.



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Be bold



Is playing it safe with popular neutral colours not your thing? If you are looking to add drama and create impact then take a walk on the wild side with deep rich colour. Nothing can add as much punch to a room and for little money than a coat of bold coloured paint. Go for more muted jewel tones rather than bright saturated colour which can easily turn garish. Deep muted tones are visually easier to live with and easier to decorate around. If you are unsure about committing to painting an entire room, consider painting a single feature wall or a small room like a powder room. Because you are making a big colour commitment, start your search for the perfect hue by testing large samples on each wall in your space and check that colour at different times of the day with natural and lamp lighting. Skipping this step and choosing a big colour from a small chip is a risky gamble.

Painting in dark colours has it's own set of application rules that differ from lighter paints. Surface imperfections on your walls will show more so thorough wall prep is a must. Your walls should be smooth and with the same texture throughout. Edges where your dark paint meets trim or the ceiling must be straight so if you don't have a steady hand, apply bleed-proof painters tape. To avoid painting multiple coats for the perfect coverage, start with a tinted primer and top with really good quality paint.

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STEP
BY
STEP
VIDEO

3:09

SICO

Sico Paints | Give your kitchen a fresh new look

VIDEO Sico's top tips and tricks for giving your kitchen a fresh new look. Learn how to save time and money when painting your kitchen cabinets, trim, doors and walls.

The truth about kitchen & bath paint

Kitchens and bathrooms are probably two of the hardest working rooms in your house and painting them can seem like a daunting task. For these rooms you'll need a paint specifically made for their needs. Kitchen and bath paint is a durable mildew and stain resistant coating that protects surfaces that are exposed to high humidity and condensation. While there are other interior paints that claim the same, Kitchen & Bath paint has been specifically designed for this purpose and can stand up to frequent washing. Kitchen and bath paint usually comes in one sheen and that can be anything from pearl to soft gloss depending on the manufacturer. This sheen makes it easier to clean than matte finishes.

The process of painting kitchens and bathrooms is the same as any other room except more attention should be paid to making sure the wall surface is clean. Kitchen walls in particular will need to be de-greased with TSP (tri-sodium phosphate) even if they look clean. If wall surface is in good, clean condition, you may not need to prime. If walls are in poor condition, scrape, fill and sand to get a smooth surface then prime with a primer/sealer. Actual wall space in kitchens and bathrooms is usually small because of fixtures like doorways and cabinets etc. so you may not need to purchase a lot of paint. Kitchen and bath paint provides durable coverage that is easy to wash without rubbing off or discolouring. It's the preferred paint and will look fresh for years.

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Having trouble figuring
out how much paint
you need?

We can help!

A TIMBER MART Paint
Specialist can guide you
through all the variables
and help you calculate the
quantity of paint needed
for your paint project.

How to clean a paint roller

Save on the cost of paint roller refills by learning to thoroughly clean rollers. When you are getting to the end of a paint job, roll out as much paint as possible onto the wall. The roller is like a sponge and can hold a lot of paint so if you still have excess paint on the roller, use a putty knife to scrape paint off the roller and into the paint can. Remove the roller from the roller frame.

Working quickly, put the roller refill into a bucket of warm water and let soak for 10 minutes. While the roller refill is soaking, clean paint off the roller frame. It's easier to clean the roller frame while the paint is wet. When the roller frame is clean, go back to the roller refill and work soap through roller nap with your hands then rinse with warm running water. If the rinse water still has residual paint running from the roller, repeat the soap step and the rinse step. Keep repeating these steps until the rinse water from the roller runs clean, it may take a few times. Shake as much excess water from the roller as possible and stand it on it's end to dry.

TIP: Clean your rollers and brushes only at the very end of a paint job. If you will be quitting for the day and plan to resume painting the next day, wrap your brush and roller tightly with plastic cling wrap making sure the plastic makes contact with the entire roller and brush surface. Then put in a plastic grocery bag. They will be good to use the next day.



How to clean a paint brush

A paint brush can be ruined by not thoroughly cleaning so knowing how to properly clean a brush will save you money plus save on landfill.

Since latex paint is more popular, these instructions are for cleaning brushes with soap and water, not solvents. Start by removing as much paint from the brush as possible. An old newspaper should help with this. Rinse the brush with running lukewarm water. Add a few drops of liquid dish soap and massage soap deep into the bristles. Rinse under running water. If the rinse water still has residual paint running out of the brush, repeat the soap step and the rinse step. Keep repeating these steps until the rinse water from the brush runs clean, it may take a few times. Shake as much excess water from the brush as possible. Most paint brushes have a hole in the handle, use this to hang your brush to dry. Hang drying will ensure the bristles do not dry bent or crushed. Store completely dried brush flat or hanging from the handle.



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Shopping list
→ cheese
→ milk
→ bread
→ yoghurt
→ dips
→ lemon
→ wine
→ banana
olive

ESPRESSO •
latte •
cappuccino •
AMERICANO •

Chalk Board paint

Turn any surface into a usable chalkboard with RUST-OLEUM Chalk Board paint. It is easy to apply, holds up to repeated chalk writing and erases cleanly. There's no shortage of ideas for using chalkboards in the home if you put a little imagination into it. And it doesn't have to be black! Tint base can be tinted to 12 custom colours to complement kids' rooms, playrooms, home offices, kitchens and more!



RUST-OLEUM | How To Apply Chalk Board Paint

VIDEO RUST-OLEUM Chalk Board paint converts surfaces into a usable chalkboard.

Chalk & chalk board paint

Chalked ultra matte paint

Chalk paint is used on furniture and decor for a very soft, matte, chalky finish. You can get different looks ranging from distressed "shabby chic" to a more modern treatment when used as a solid, opaque coat of paint. RUST-OLEUM Chalked ultra matte paint is an easy to use paint that dries to a velvety smooth matte finish with superior adhesion and coverage. It brings new life to tired and worn furniture and home decor. It is easy to use and often only needs one coat. Available in 9 timeless colours.



Rust-Oleum | How To Apply Chalked Paint

VIDEO Learn how to apply RUST-OLEUM's Chalked Ultra Matte paint.

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Painting Kid's rooms

Unlike the rest of your home, painting a child's bedroom is a liberating chance to be as creative and fun as you want to be. You can choose classic pink and blue colours or flip the script and go in the complete other direction. Some people choose calming colours, others choose primary colours. Be careful when letting your child choose the colour, perhaps show them a choice of three parent-approved colours and have them choose one. And then have fun with it! The sky is the limit!



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Spray like a pro

Have an interior wall you need to paint? Using a paint sprayer like a Wagner FLEXiO series gives you the professional finish you want faster than a brush or roller. Here are some handy tips for spraying an interior room.

Getting your room ready Place large furniture in the centre of the room and cover with plastic. Remove fixtures, switch plates and outlet plates and all other items from the room. Cover the switch and outlet cavities with painter's tape. Cover blinds, light fixtures and ceiling fans with plastic. Mask off trim, doors and windows with paper or plastic taped in place. Cover the floor with plastic and tape it down at the edges of the room so that it overlaps the paper on the baseboard molding. Overlap sheets of plastic across the middle of the floor if necessary. If you are painting the ceiling the same colour as the rest of the room, leave it exposed. If you're not, mask off the edges with tape and paper, then cover the ceiling's interior sections with paper or plastic secured by tape.

Repair the walls Patch holes and cracks with spackling compound and sand to a smooth finish. Wipe walls with a damp rag, if they are quite dirty, wash them with a solution of water and TSP (trisodium phosphate).

Work light Because a paint sprayer finish is so smooth, every defect you miss when preparing the walls will show up in the final finish. For a perfect finish, use a work light to help you find any flaws. A quick scuff-sand with 150-grit sandpaper just before you spray the final coat will ensure the best results.

The perfect spray A Wagner FLEXiO paint sprayer will apply a smooth, professional-looking finish to your walls. To avoid drips, set the spray tip to a wide pattern. Hold the gun no closer to the wall than 6-inches. Keep the gun moving at a steady speed and avoid arcing at the end of your stroke. After your careful preparation and precise spraying, let the paint thoroughly dry.



TIMBER MART carries a variety of Wagner paint sprayers, either in-stock or special order. Talk to one of our Paint Specialists for advice on the right paint sprayer for your paint project.



VIDEO Finish your painting projects fast with Wagner's most powerful DIY sprayers.

Paint
right

The oil paint test

If you are painting an older home and don't know what kind of paint is on your walls and trim, there is a chance it could be oil paint. Today oil-based paints are rarely used so the paint you are purchasing will most likely be water-based latex. Painting latex paint over oil paint (also called alkyd paint) will end in a cracking and peeling disaster. To avoid this, test your walls to see if you need to use a primer to cover the oil before your latex top coat. Dip a cotton ball into a small amount of denatured alcohol and rub it over a small surface area. If the paint does NOT come off, it is oil-based paint and you will need to prime before applying latex paint. If the paint comes off, it is a latex-based paint and you can proceed by painting over the surface with any type of paint.

Painting flat over semi-gloss

Semi-gloss paint repels water for ease of cleaning so covering it with a flatter sheen of paint can be tricky to get it to adhere. Start by roughing up the semi-gloss surface to give it some texture or "tooth". Do this by lightly sanding the entire wall surface using very little pressure. You are just lightly scratching it up. Wipe off all wall dust with a damp cloth and a tack cloth. Then apply a coat of good quality primer. The primer will stick to your scratched up wall, then the flat paint will stick to the primer. There are some flat paints that include primer mixed in with the paint, follow the manufacturer directions on coverage over a semi-gloss surface or talk to your TIMBER MART Paint Specialist to see if you can skip the primer step. If you do apply a coat of primer, wait for the primer to dry for a day and then apply the first coat of flat paint. Generally, when you go from one sheen to another, you may have to prime. That can be an entire coat of primer or using a paint that includes primer. Talk to a TIMBER MART Paint Specialist before you start your paint project. We can give you the correct advice for a perfect finished paint result.

